

**Food Studies B.A.
2022 Catalog Checklist**

	Completed Units	In Progress Units	Total Units by _____	Units Remaining	Graduation Requirements
Total Units					120 Total
Upper Division Units (300-499 level)					42 UD (300-499 level)

UA/UNIV Units: _____/56 Cumulative GPA: _____ Major GPA: _____ Major/Minor GPA: _____

FOUNDATIONS

ENGLISH COMPOSITION

ENGL 101 & ENGL 102 or _____ &
 ENGL 106, 107 & ENGL 108 or _____, &
 ENGL 109H

MATH

PHIL 110, LING 123, MATH 107 or higher

SECOND LANGUAGE: 4th semester proficiency

GENERAL EDUCATION

GE Entry Course: (1 unit)

UNIV 101 required

GE Exploring Perspectives: (12 units)

Artist: (3 units)

Humanist: (3 units)

Natural Scientist: (3 units)

Social Scientist: (3 units)

GE Building Connections: (9 units)

GE Portfolio Course: (1 unit)

UNIV 301 required

B.A. FOOD STUDIES

INTRO TO FOOD STUDIES: (6 units)

FOOD 101 Intro to Critical Food Studies (*Fall*)

FOOD 102 Intro to Health & Food Systems (*Spring*)

FOOD CORE: (6 units)

FOOD 300 Food Justice, Ethics, & Activism (*Spring*)

- Pre-Req: [FOOD 101](#) or [FOOD 102](#) or [FOOD 360](#)

FOOD 302 Food Practices (*Fall*)

- Pre-Req: [FOOD 101](#) or [FOOD 102](#) or [FOOD 360](#)

NUTRITION and BUSINESS WRITING: (6 units)

NSC 101 Introduction to Human Nutrition

ENGL 307 Business Writing

METHODS: (3 units) – Pick One: see page 2

ANTH 407, GEOG 222, GEOG 357, HIST 301,

SBS 200, SOC 374 or SOC 375

FOOD, SOCIETY, AND CULTURE (Take 6 units)

see page 2 – AIS 495A, ANTH 342, ANTH 353,

ANTH/MENA 354, ANTH 366A, FOOD 405, HIST 328,

HIST/JPN 362A, HIST 405C, LAS 230, NSC 255

GLOBAL FOOD POLICY, GOVERNANCE, AND THE

ENVIRONMENT (Take 6 units) see page 3 – AIS 431A,

AIS/ANTH 441A, ANTH 315, ANTH 331, ANTH 424A,

ENVS 436, FOOD/GEOG 353, FOOD 360, FOOD/JOUR

435D, GEOG 350, GEOG 362, GEOG 363, GEOG 374,

GEOG 375, GEOG 404, HIST 428, HPS 416, RNR 340

LEADERSHIP & COMMUNITY ENGAGEMENT: (3 units)

see page 3 –ALC 309, ALC 409, COMM 119, EDL 280, EDL 371, FOOD 393/493, FOOD 399/499, GEOG 497F, NSC 444, SOC 397A

CAPSTONE: (3 units)

FOOD 498 Capstone *(Spring)*

Additional FOOD B.A. Degree Details

- 39 total units required for Food Studies Major
- 21 UD units: UD = Upper-Division (300-499 level)
- 2.0 GPA or better required for major, minor & overall
- Food Studies: <https://foodstudies.arizona.edu/>

MINOR or 2nd MAJOR

REQUIRED ELECTIVES

(if needed to reach 120/42 UD)

Food Studies Major Courses by Category

METHODS (Complete ONE course)

- ANTH 407: Ethnographic Field Methods
- GEOG 222: Working with Numeric, Spatial, and Visual Data: Fundamental Geographic Techniques
- GEOG 357: Geographical Research Methods
- HIST 301: Introduction to the Study of History
- SBS 200: Intro. To Statistics for Social Sciences *(Pre-requisite: MATH 107 or higher)*
- SOC 374: Social Research Methods *(contact the SOC department for enrollment assistance)*
- SOC 375: Quantitative Reasoning in Sociology *(Pre-requisite: MATH 107 or higher)*

FOOD, SOCIETY, AND CULTURE (Take 6 units)

- AIS 495A: Special Topics in AIS
- ANTH 342: The Archaeology of Food
- ANTH 353: The Anthropology of Food
- ANTH/MENA 354: Food Traditions of the Middle East & North Africa
- ANTH 366A: Nutritional Anthropology
- FOOD 405: Sabores de Mexico
- HIST 328: Cuisine, Culture, and Power
- JPN/HIST 362A: Culture of Food & Health in Japan
- HIST 405C: Food in the Global Middle Ages
- LAS 230: Latin America: Food and Culture
- NSC 255: Food and Culture

GLOBAL FOOD POLICY, GOVERNANCE, AND THE ENVIRONMENT (Take 6 units)

AIS 431A: Traditional Ecological Knowledge

AIS/ANTH 441A: Natural Resource Management in Native Communities

ANTH 315: World Ethnography

ANTH 331: Anthropology and Development

ANTH 424A: Political Ecology

ENVS 436: Agro-ecology

FOOD/GEOG 353: Coffee: From Crop to Cup

FOOD 360: Food Fights

FOOD/JOUR 435D: Food Journalism

GEOG 350: The Geography of Beer and Beverages

GEOG 362: Environment and Development

GEOG 363: Climate Change: Human Causes, Social Consequences and Sustainable Responses

GEOG 374: Geography, Social Justice and the Environment

GEOG 375: Metro Tucson

GEOG 404: The Politics of Nature

HIST 428: Food, Health, & Environment in History

HPS 416: The World's Food and Health

RAM/RNR 340: Conservation and Sustainable Agriculture

LEADERSHIP AND COMMUNITY ENGAGEMENT (Take 3 units)

ALC 309: Leadership Principles and Practices

ALC 409: Team and Organizational Leadership

COMM 119: Public Speaking

EDL 280: Leadership Strategies

EDL 371: Leadership for Social Change

FOOD 393/493: Internship *(must be a minimum of 3 units)*

FOOD 399/499: Independent Study *(must be a minimum of 3 units)*

GEOG 497F: Community and School Garden Workshop *(must be a minimum of 3 units)*

NSC 444: Community Nutrition

SOC 397A: Poverty in Tucson Field Workshop